



15 April 2010

Title: Music Engagement – Measurement, Associations and Application

This information sheet is for you.

My name is Tan Chyuan Chin and I am conducting a research project with Associate Professor Nikki Rickard in the School of Psychology, Psychiatry & Psychological Medicine towards a Doctor of Philosophy in Psychology at Monash University.

The aim of this study is to explore the relationship between music engagement, well-being, and cognitive and psychosocial competence. We are conducting this research to find out if these indices differ depending on the level of music engagement (including composing, performance or listening) that people might have. **We are therefore seeking people with a strong interest in music (either as performers or listeners), between the ages of 18 and 55 years. If you have an uncorrected serious hearing loss, we are sorry but we will not be able to include you in this study.**

Possible benefits

In the long run, this research could assist in the development of novel music engaging programs aimed to improve well-being, cognitive and psychosocial skills. Engagement in music activities is probably more common to many individuals than formal music training and performance, and therefore this research could have broad potential.

The study involves completion of two sets of questionnaires. The first will require you to complete some questions about your participation in music activities and some demographic information (age, gender and so forth). The second set of questionnaire will include self-report surveys relating to your general well-being, cognitive and psychosocial competence.

These questionnaires will both be completed in one session, and should take no longer than 45 minutes of your time.

Inconvenience/discomfort

Some components of the survey may be difficult, and this is to be expected, so you will not be expected to answer every part of the survey.

Nevertheless, if for any reason you decided that you do not wish to continue with the survey, you are free to withdraw from the research at any time prior to submitting your answers. Being in this study is voluntary and you are under no obligation to consent to participation.

Confidentiality

None of the data you submit will contain your name or contact details. The anonymous data will be analysed and reported as group data, with no way for individual responses to be identified.

Storage of data

Storage of the data collected will adhere to the University regulations and kept on University premises in a locked cupboard/filing cabinet for 5 years. A report of the study may be submitted for publication, and/or at a conference but individual participants will not be identifiable in such a report. The data may also be used for other purposes or research, but again anonymity will be maintained.

Results

If you would like to be informed of the aggregate research finding, please contact Nikki Rickard (contact details below). The findings will be accessible until January 31, 2012.

If you would like to contact the researchers about any aspect of this study, please contact the Chief Investigator:	If you have a complaint concerning the manner in which this research CF09/1903 – 2009001085 is being conducted, please contact:
Nikki Rickard Ph: 9903 2221 Fax: 9903 2501 Email: Nikki.rickard@med.monash.edu.au	Human Ethics Officer Standing Committee on Ethics in Research Involving Humans (SCERH) Building 3e Room 111 Research Office Monash University VIC 3800 Tel: +61 3 9905 2052 Fax: +61 3 9905 1420 Email: scerh@adm.monash.edu.au

Thank you.

Tan Chyuan Chin